September 2025							
Niagara Falls City School District NFHS / Prep Lunch Menu							
Monday	Tuesday	Wednesday	Thursday	Friday			
1	2	3	4	5			
		Chicken Patty	Pepperoni Pizza	Tsted Cheese Sand			
NO	PREP	Tator Tots	Lettuce & Tom Salad	Oven Fried Potatoes			
SCHOOL	DAY	Mixed Veg Blend	Bagged Carrots	Bean Salad			
Labor Day		Chilled Fruit	Chilled Fruit	Chilled Fruit			
		NYS Milk Choice	NYS Milk Choice	NYS Milk Choice			
8	9	10	11	12			
Nacho Grande	Buffalo Chicken Wrap	Pasta Alfredo	Pepperoni Pizza	Cheeseburger			
(paper boats)	Oven Crisp Fries	w/ Diced Chicken	Lettuce & Tom Salad	Oven Crisp Fries			
Corn & Black Beans	Broccoli & Carrots	Green Beans	Bagged Carrots	Baked Beans			
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit			
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice			
15	16	17	18	19			
Chicken Patty	Pasta	Beef & Cheese Wrap	Pepperoni Pizza	Chicken & Gravy			
Tator Tots	W/Meat Sauce	Brown Rice	Lettuce & Tom Salad	Mashed potatoes			
Mixed Veg Blend	Buttered Carrots	Green Beans	Bagged Carrots	Buttered Corn			
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit			
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice			
22	23	24	25	26			
Fish Sand W/G Bun	Chicken & Gravy	Hamburger w/g Bun	Pepperoni Pizza	Chicken Tenders			
Tator Tots	Mashed Potatoes	Oven Crisp Fries	Lettuce & Tom Salad	Tator Tots			
Mixed Veg Blend	Buttered Corn	Baked Beans	Bagged Carrots	Mixed Veg Blend			
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit			
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice			
29	30						
Chicken Taco	Tsted Ham & Ch Sand						
Lettuce & Tom Cup	Beef Veg soup						
Corn & Black Beans	Broccoli & Carrots						
Chilled Fruit	Chilled Fruit						
NYS Milk Choice	NYS Milk Choice						

^{*} Harvest of the Month served every Thursday - September "Cucumbers" *

^{*} Milk includes 1%, fat free & flavored fat free

^{*} All bread items are whole wheat or whole grain

^{*} Under the Community Eligibility Provision of the USDA, All NFCSD Students receive a meal at no charge for both Breakfast and Lunch (Menus Subject to Change)

September 2025 Halal Menu						
Niagara Falls City School District NFHS / Prep Lunch Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
1	2	3	4	5		
		Halal Chicken Patty	Cheese Pizza	Tsted Cheese Sand		
NO	PREP	Tator Tots	Lettuce & Tom Salad	Oven Fried Potatoes		
SCHOOL	DAY	Mixed Veg Blend	Bagged Carrots	Bean Salad		
Labor Day		Chilled Fruit	Chilled Fruit	Chilled Fruit		
		NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		
8	9	10	11	12		
Nacho Veggie Grande	Buffalo Chicken Wrap	Pasta Alfredo	Cheese Pizza	Gardenburger		
(paper boats)	Oven Crisp Fries	w/ Diced Chicken	Lettuce & Tom Salad	Oven Crisp Fries		
Corn & Black Beans	Broccoli & Carrots	Green Beans	Bagged Carrots	Baked Beans		
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit		
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		
15	16	17	18	19		
Halal Chicken Patty	Pasta	Vegetarian Wrap	Cheese Pizza	Chicken & Gravy		
Tator Tots	w/Marinara Sauce	Brown Rice	Lettuce & Tom Salad	Mashed potatoes		
Mixed Veg Blend	Buttered Carrots	Green Beans	Bagged Carrots	Buttered Corn		
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit		
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		
22	23	24	25	26		
Fish Sand W/G Bun	Chicken & Gravy	Gardenburger W/G Bun	Cheese Pizza	Chicken Tenders		
Tator Tots	Mashed Potatoes	Oven Crisp Fries	Lettuce & Tom Salad	Tator Tots		
Mixed Veg Blend	Buttered Corn	Baked Beans	Bagged Carrots	Mixed Veg Blend		
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit		
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		
29	30					
Veggie Taco	Tsted Cheese Sand					
Lettuce & Tom Cup	Oven Fried Potatoes					
Corn & Black Beans	Bean Salad					
Chilled Fruit	Chilled Fruit					
NYS Milk Choice	NYS Milk Choice					

* Harvest of the Month served every Thursday - September "Cucumbers" *

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^{*} All bread items are whole wheat or whole grain

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